

## Terms and Conditions

### Be More Human Performance

**Effective Date:** 05/01/2025

Welcome to Be More Human Performance (“we,” “us,” “our”). These Terms and Conditions (“Terms”) govern your use of our services, facilities, website, mobile app, and participation in any classes, training, or programs offered at our locations. By signing up, accessing, or using any of our services, you agree to abide by these Terms. If you do not agree, do not use our services.

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## 1. Membership and Access

**1.1 Eligibility:** You must be at least 18 years old or have the consent of a parent or legal guardian to become a member.

**1.2 Dual Location Access:** Membership grants access to both Be More Human Performance locations, but dues are collected separately per location.

**1.3 Membership Types:** We offer various membership options. Terms, pricing, and cancellation policies vary by type and are outlined during registration.

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## 2. Health and Safety

**2.1 Medical Clearance:** You affirm that you are in good health and able to participate in strenuous physical activity.

**2.2 Inherent Risk:** Participation in physical training involves inherent risk of injury. You voluntarily accept and assume full responsibility for all such risks.

**2.3 Conduct:** We reserve the right to suspend or terminate your membership for conduct that is unsafe, inappropriate, or disruptive to staff or other members.

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## 3. Billing and Payment

**3.1 Fees:** Membership dues are billed per location and are non-refundable unless otherwise stated.

**3.2 Billing Authorization:** You authorize us to charge your selected payment method on a recurring basis as outlined during sign-up.

**3.3 Late or Failed Payments:** If a payment fails or is late, your access may be suspended until the balance is resolved. A late fee may apply.

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## 4. Cancellations and Refunds

4.1 **Cancellation Policy:** Cancellations must be submitted in writing [X days] before the next billing cycle. Specific terms may vary based on membership type.

4.2 **Refunds:** We do not offer prorated refunds for partial use unless legally required.

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## 5. Classes and Scheduling

5.1 **Class Booking:** Class spaces are limited and must be reserved in advance through our app or website.

5.2 **No-Shows and Late Cancellations:** Repeated no-shows or late cancellations may result in a penalty or loss of booking privileges.

5.3 **Schedule Changes:** We reserve the right to change class schedules or instructor assignments at any time.

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## 6. Personal Training and Services

6.1 **Sessions:** Personal training sessions must be scheduled in advance.

6.2 **Cancellation:** A minimum of [e.g., 24 hours] notice is required to cancel a personal training appointment to avoid being charged.

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## 7. Intellectual Property

7.1 All content, branding, media, and materials provided by Be More Human Performance are the property of the business and may not be reproduced without written permission.

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## 8. Privacy

8.1 We respect your privacy. Our Privacy Policy explains how we collect and use your data and is available on our website or app.

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## 9. Limitation of Liability

To the fullest extent permitted by law, Be More Human Performance and its employees, coaches, and affiliates shall not be liable for any injury, loss, or damage resulting from your participation in our services.

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## 10. Modifications

We reserve the right to update these Terms at any time. Changes will be posted to our website and/or app. Continued use of our services after changes means you accept the revised Terms.

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### Contact Us:

For questions or concerns about these Terms, please contact us at:  
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